

## COVID-19 & SICKLE CELL TOOL KIT

COVID-19 is a new disease and we are still learning about how it spreads and the severity of illness it causes.

COVID-19 is thought to spread mainly through close contact from person-to-person in respiratory droplets from someone who is infected. People who are infected often have symptoms of illness. Some people without symptoms may be able to spread the virus.

The Sickle Cell Consortium has created a tool kit for our partners to read and download. You may post to your facebook, instagram and or twitter pages, You may also send to your patient list as a reference. Please, tag the Sickle Cell Consortium when you post. Thank you Media-Marketing Team.

### CLEAN YOUR HANDS OFTEN!

When you wash your hands be sure to wash them at least 20 seconds or more. Try singing the alphabet or happy birthday song to make the time go by!

Or

[Wash your hands](#) often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.



# WASH YOUR HANDS

FOR AT LEAST FOR 20 SECONDS

THE SICKLE CELL COMMUNITY CONSORTIUM

## **PLEASE DONATE BLOOD!**

FACEBOOK & INSTAGRAM: You are NOT at risk by donating or receiving blood! Please donate.

The AABB (formerly known as the American Association of Blood Banks) has issued a statement regarding the spread of coronavirus and the U.S. blood supply. Notably:

"Individuals are not at risk of contracting COVID-19 through the blood donation process or via a blood transfusion since respiratory viruses are generally not known to be transmitted by donation or transfusion. The U.S. Food and Drug Administration continues to report that there have been no reported or suspected cases of transfusion-transmitted COVID-19 to date. In addition, no cases of transfusion-transmission were ever reported for the other two coronaviruses that emerged during the past two decades (SARS, the Severe Acute Respiratory Syndrome Coronavirus, and MERS-CoV, which causes Mid East Respiratory Syndrome)."

WARRIORS - The blood supply is safe. It is highly unlikely that COVID-19, a respiratory illness, will be transmitted via transfusion. This is not the first coronavirus to try to terrorize the world. We got through that, and with time, we will get through this as well.

EVERYONE ELSE - Please, please donate. Measures have been put in place to keep you safe during the donation process. Please contact one of the organizations (in the comments) to find a local blood collection site near you and call ahead to schedule an appointment. You are LITERALLY saving lives.

## **TWITTER: PLEASE DONATE BLOOD!**

You are NOT at risk by donating or receiving blood! Please, please donate. Measures have been put in place to keep you safe during the donation process. Please contact one of the organizations (in the comments) to find a local blood collection site near you and call ahead to schedule an appointment. You are LITERALLY saving lives.

SICKLE CELL  
COMMUNITY CONSORTIUM



EVERY TWO SECONDS,  
SOMEONE NEEDS BLOOD.

# DONATE BLOOD & SAVE LIVES

CHECK YOUR LOCAL  
BLOOD BANK



## PREVENTIVE STEPS!

FACEBOOK, INSTAGRAM, & TWITTER: Everyone remember to practice these tips DAILY. If we all do our part we can slow down the spreading of this virus.

For more information visit: [www.cdc.gov/covid19](http://www.cdc.gov/covid19)

#WarriorTipsSC3 #STAYSTRONGSTAYHOME #SC3



*warrior tips*

AMID COVID -19  
THE SICKLE CELL COMMUNITY CONSORTIUM.ORG

# TAKE EVERYDAY PREVENTIVE STEPS

- Wash your hands frequently.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- If you must go to the gas station please wear gloves and discard them before you get back in your car.

THANK YOU!

FACEBOOK, INSTAGRAM, & TWITTER: As most of us turn in for the night, we'd like to take this opportunity to say thanks to all the healthcare providers and first responders keeping us safe and healthy.

SICKLE CELL COMMUNITY CONSORTIUM



YOU ARE APPRECIATED

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# THANK YOU

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Thank you to everyone in the medical field for your dedication, commitment and sacrifice during this national emergency.



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FACEBOOK, INSTAGRAM, & TWITTER

Print this out and put it on your door !



# **SOMEONE IN THIS HOUSE HAS SICKLE CELL DISEASE**

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**THOSE WHO ARE IMMUNOCOMPROMISED ARE MORE LIKELY TO CONTRACT  
CORONAVIRUS (COVID-19) AND EXPERIENCE LIFE-THREATENING COMPLICATIONS.**

**DUE TO THE WIDESPREAD OUTBREAK OF THIS VIRUS WE ARE USING AN  
ABUNDANCE OF CAUTION THROUGH PRACTICING SELF-ISOLATION AND SOCIAL  
DISTANCING. WE APPRECIATE YOUR UNDERSTANDING AND COOPERATION**

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**PLEASE LEAVE PACKAGES/DELIVERIES  
ON THE DOORSTEP**

FACEBOOK, INSTAGRAM, & TWITTER:

Hey, Sickle Cell Warriors and Caregivers we are dedicated to providing useful information during these trying times. Below you'll find beneficial measures to take when leaving home amid the Covid-19 outbreak.

Staying home and taking these precautions can help stop the spread!

[#StayStrong](#) [#StayHome](#) [#FlattenTheCurve](#) [#SC3](#)

# COVID-19

## PROTOCOL WHEN LEAVING AND ARRIVING HOME

*We strongly advise all sickle cell warriors and housemates remain home. However, if you must leave the house, here are some steps to help keep you safe amid the COVID-19 pandemic.*



sickle cell  
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### BEFORE YOU LEAVE THE HOUSE

- LEAVE PURSE, BACKPACK, OR ANY UNNECESSARY BAGGAGE  
*\* TAKE ONLY ID, DEBIT CARD, INSURANCE CARDS, ETC. ONLY ITEMS THAT YOU NEED.*

### IF YOU MUST LEAVE THE HOUSE

- THE CONSORTIUM RECOMMENDS THAT ALL WARRIORS AND HOUSEMATES WEAR A MASK OUTDOORS
- REMAIN 6 - 8 FEET APART FROM OTHERS
- IF YOU **MUST** PUMP GAS, WEAR GLOVES. LEAVE GLOVES IN GAS STATION GARBAGE. SANITIZE HANDS
- DISCARD PAPERS, RECEIPTS, AND ANY UNNECESSARY ITEMS OUTSIDE OF YOUR HOME

### WHEN YOU GET BACK HOME

- TAKE SHOES OFF BEFORE ENTERING THE HOME  
*\*DO NOT WALK AROUND YOUR HOME WEARING SHOES.*
- REMOVE MASK BY PULLING AT STRING OR ELASTIC FROM BEHIND YOUR HEAD
- GO **IMMEDIATELY** TO A LOCATION WHERE YOU CAN REMOVE YOUR CLOTHES. DO NOT TOUCH OR SIT ON ANY CHAIRS OR BEDS.
- PLACE CLOTHES DIRECTLY INTO LAUNDRY
- SANITIZE CELL PHONE, KEYS, GLASSES, AND ALL SURFACES THAT MAY HAVE BEEN EXPOSED.
- TAKE A SHOWER, BE SURE TO WASH YOUR HAIR
- **NOW YOU CAN HUG YOUR FAMILY!**

### IF YOU MADE PURCHASES WHILE OUT SANITIZE YOUR PURCHASES

- LEAVE ALL BOXES AND EXTERNAL CONTAINERS OUTSIDE.
- VISIT THE LINK BELOW FOR A DEMONSTRATION ON HOW TO SANITIZE YOUR PURCHASES
- WASH YOUR HANDS



CDC LINK: [WWW.YOUTUBE.COM/WATCH?V=TKX-F4AKTEE](https://www.youtube.com/watch?v=TKX-F4AKTEE)



#STAYSTRONG

[www.sicklecellconsortium.org](http://www.sicklecellconsortium.org)

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